

Michael Bloomfield

Abbreviations:

- (B) Beverage
- (FF) Fresh Food
- (I) Irradiated
- (IM) Intermediate Moisture
- (NF) Natural Form
- (R) Rehydratable
- (T) Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

DINNER

- Smoked Turkey (I)
- Turkey Tetrazzini (R)
- Rice & Chicken (R)
- Tortilla (FF) X2
- Peach Ambrosia (R)
- Grape Drink (B)
- Orange-Grapefruit Drink (B)

Flight Day 2

BREAKFAST

- Dried Pears (IM)
- Beef Pattie (R)
- Oatmeal w/Brown Sugar (R)
- Vanilla Breakfast Drink (B)
- Apple Cider (B)

LUNCH

- Dried Beef (IM)
- Peanut Butter (T)
- Grape Jelly (T)
- Tortilla (FF) X2
- Fruit Cocktail (T)
- Trail Mix (IM)

Peach-Apricot Drink (B) X2
Orange-Grapefruit Drink (B)

DINNER

Grilled Chicken (T)
Macaroni & Cheese (R)
Noodles & Chicken (R)
Tortilla (FF) X2
Strawberries (R)
Granola Bar (NF) X2
Brownie (NF)
Tropical Punch (B)
Tea (B)

Flight Day 3

BREAKFAST

Dried Apricots (IM)
Oatmeal w/ Raisins (R)
Breakfast Roll (FF)
Chocolate Breakfast Drink (B)
Peach-Apricot Drink (B)

LUNCH

Dried Beef (IM)
Frankfurters (T)
Tortilla (FF) X2
Peaches (T)
Granola Bar (NF)
Lemonade (B) X2
Orange-Grapefruit Drink (B)

DINNER

Spicy Chicken & Veggies (R) x2
Macaroni & Cheese (R)
Rice Pilaf (R)
Italian Vegetables (R)
Crackers (NF) X2
Butterscotch Pudding (T)
Granola Bar (NF) X2
Brownie (NF)
Orange Drink (B)
Tea (B)

Flight Day 4

BREAKFAST

Dried Peaches (IM)
Oatmeal w/Raisins (R)
Bran Chex (R)
Vanilla Breakfast Drink (B)
Orange-Mango Drink (B)

LUNCH

Dried Beef (IM)
Beef Stroganoff w/Noodles (R) X2
Tortilla (FF) X2
Applesauce (T)
Almonds (NF)
Peach-Apricot Drink (B) x2

DINNER

Teriyaki Chicken (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) X2
Tapioca Pudding (T)
Granola Bar (NF) X2
Brownie (NF)
Pineapple Drink (B)
Tea (B)

Flight Day 5

BREAKFAST

Dried Pears (IM)
Sausage Pattie (R)
Grits w/Butter (R)
Oatmeal w/Brown Sugar (R)
Apple Cider (B)
Peach-Apricot Drink (B)

LUNCH

Ham (T)
Cheese Spread (T)
Tortilla (FF) X2
Pears (T)
Candy Coated Peanuts (NF)
Peach-Apricot Drink (B) X2
Orange-Grapefruit Drink (B)

DINNER

Beef w/BBQ Sauce (T)
Macaroni & Cheese (R)

Green Beans w/Mushrooms (R)
Tortilla (FF) X2
Peach Ambrosia (R)
Granola Bar (NF) X2
Brownie (NF)
Apple Cider (B)
Tea (B)

Flight Day 6

BREAKFAST

Dried Apricots (IM)
Granola w/Blueberries (R)
Vanilla Breakfast Drink (B)
Orange-Grapefruit Drink (B)
Peach-Apricot Drink (B)

LUNCH

Dried Beef (IM)
Frankfurters (T)
Tortilla (FF) X2
Crackers (NF) X2
Chocolate Pudding (T)
Butter Cookies (NF)
Tropical Punch (B) X2
Orange-Grapefruit Drink (B)

DINNER

Shrimp Cocktail (R)
Beef Steak (I)
Macaroni & Cheese (R)
Potatoes au Gratin (R)
Asparagus (R)
Tortilla (FF) X2
Strawberries (R)
Granola Bar (NF) X2
Brownie (NF)
Lemonade (B)
Tea (B)

Flight Day 7

BREAKFAST

Dried Pears (IM)
Sausage Pattie (R)
Oatmeal w/Brown Sugar (R)
Chocolate Breakfast Drink (B)

Apple Cider (B)
Peach-Apricot Drink (B)

LUNCH

Dried Beef (IM)
Frankfurters (T)
Tortilla (FF) X2
Banana Pudding (T)
Shortbread Cookies (NF)
Peanuts (NF)
Grape Drink (B) X2
Orange-Grapefruit Drink (B)

DINNER

Teriyaki Chicken (R)
Macaroni & Cheese (R)
Rice Pilaf (R)
Broccoli au Gratin (R)
Tortilla (FF) X2
Vanilla Pudding (T)
Granola Bar (NF) X2
Brownie (NF)
Tea (B)

Flight Day 8

BREAKFAST

Dried Peaches (IM)
Granola w/Raisins (R)
Chocolate Breakfast Drink (B)
Orange-Pineapple Drink (B)
Cocoa (B)

LUNCH

Ham (T)
Cheese Spread (T)
Tortilla (FF) X2
Crackers (NF)
Pineapple (T)
Cashews (NF)
Strawberry Drink (B) X2
Peach-Apricot Drink (B)

DINNER

Smoked Turkey (I)
Turkey Tetrazzini (R)
Rice & Chicken (R)

Tortilla (FF) X2
Peach Ambrosia (R)
Grape Drink (B)
Orange-Grapefruit Drink (B)

Flight Day 9

BREAKFAST

Dried Pears (IM)
Beef Pattie (R)
Oatmeal w/Brown Sugar (R)
Vanilla Breakfast Drink (B)
Apple Cider (B)

LUNCH

Dried Beef (IM)
Peanut Butter (T)
Grape Jelly (T)
Tortilla (FF) X2
Fruit Cocktail (T)
Trail Mix (IM)
Peach-Apricot Drink (B) X2
Orange-Grapefruit Drink (B)

DINNER

Grilled Chicken (T)
Macaroni & Cheese (R)
Noodles & Chicken (R)
Tortilla (FF) X2
Strawberries (R)
Granola Bar (NF) X2
Brownie (NF)
Tropical Punch (B)
Tea (B)

Flight Day 10

BREAKFAST

Dried Apricots (IM)
Oatmeal w/ Raisins (R)
Breakfast Roll (FF)
Chocolate Breakfast Drink (B)
Peach-Apricot Drink (B)

LUNCH

Dried Beef (IM)
Frankfurters (T)

Tortilla (FF) X2
Peaches (T)
Granola Bar (NF)
Lemonade (B) X2
Orange-Grapefruit Drink (B)

DINNER

Spicy Chicken & Veggies (R) x2
Macaroni & Cheese (R)
Rice Pilaf (R)
Italian Vegetables (R)
Crackers (NF) X2
Butterscotch Pudding (T)
Granola Bar (NF) X2
Brownie (NF)
Orange Drink (B)
Tea (B)

Flight Day 11

BREAKFAST

Dried Peaches (IM)
Oatmeal w/Raisins (R)
Bran Chex (R)
Vanilla Breakfast Drink (B)
Orange-Mango Drink (B)