

Joe Tanner

Abbreviations:

(B)	Beverage
(FF)	Fresh Food
(I)	Irradiated
(IM)	Intermediate Moisture
(NF)	Natural Form
(R)	Rehydratable
(T)	Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

DINNER

Flight Day 2

BREAKFAST

Dried Apricots (IM)
Scrambled Eggs (R)
Granola w/ Blueberries (R)
Breakfast Roll (FF)
Vanilla Breakfast Drink (B)
Orange-Grapefruit Drink (B)

LUNCH

Shrimp Cocktail (R)
Smoked Turkey (I)
Tortilla (FF) x2
Peaches (T)
Apple (FF) (Day 2 only)
Almonds (NF)
Lemonade (B) x2

DINNER

Shrimp Cocktail (R)
Beef Stroganoff (R) x2
Corn (R)

Pears (T)
Tapioca Pudding (T)
Lemonade (B) x2

Flight Day 3

BREAKFAST

Dried Apricots (IM)
Oatmeal w/ Raisins (R)
Bran Chex (R)
Granola Bar (NF)
Orange Drink (B)
Orange-Grapefruit Drink (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Tortilla (FF) x2
Applesauce (T)
Candy Coated Chocolates (NF)
Orange-Grapefruit Drink (B) x2

DINNER

Shrimp Cocktail (R)
Turkey Tetrazzini (R) x2
Vegetarian Vegetable Soup (T)
Candied Yams (T)
Crackers (NF)
Fruit Cocktail (T)
Lemonade (B) x2

Flight Day 4

BREAKFAST

Peaches (T)
Pears (T)
Seasoned Scrambled Eggs (R)
Granola w/ Blueberries (R)
Chocolate Breakfast Drink (B)
Orange Drink (B)

LUNCH

Beef Ravioli (T)
Peaches (B)
Peanuts (NF)
Brownie (NF)
Lemonade (B)

DINNER

Shrimp Cocktail (R)
Teriyaki Chicken (R) x2
Noodles & Chicken (R)
Italian Vegetables (R)
Southwestern Corn (T)
Strawberries (R)
Lemonade (B) x2
Cocoa (B)

Flight Day 5**BREAKFAST**

Dried Apricots (IM)
Scrambled Eggs (R)
Bran Chex (R)
Breakfast Roll (FF)
Strawberry Breakfast Drink (B)
Orange Drink (B)

LUNCH

Shrimp Cocktail (R)
Mushroom Soup (T)
Creamy Peanut Butter (FF)
Grape Jelly (T)
Tortilla (FF) x2
Candy Coated Chocolates (NF)
Lemon-Lime Drink (B)
Apple Cider (B)

DINNER

Shrimp Cocktail (R)
Teriyaki Chicken (R)
Rice w/ Butter (T)
Spicy Chicken & Veggies (R)
Corn (R)
Tapioca Pudding (T)
Butter Cookies (NF)
Lemonade (B) x2

Flight Day 6**BREAKFAST**

Peaches (T)
Applesauce (T)
Grits w/ Butter (R)

Oatmeal w/ Brown Sugar (R)
Granola Bar (NF)
Chocolate Breakfast Drink (B)
Orange-Grapefruit Drink (B)

LUNCH

Sweet 'n Sour Chicken (R)
Applesauce (T)
Almonds (NF) x2
Peach-Apricot Drink (B)
Lemon-Lime Drink (B)

DINNER

Shrimp Cocktail (R)
Beef w/ BBQ Sauce (T)
Vegetarian Vegetable Soup (T)
Candied Yams (T)
Tortilla (FF) x2
Candy Coated Chocolates (NF)
Lemonade (B) x2

Flight Day 7

BREAKFAST

Fruit Cocktail (T)
Scrambled Eggs (R)
Granola w/ Blueberries (T)
Breakfast Roll (FF)
Strawberry Breakfast Drink (B)
Orange Drink (B)

LUNCH

Mushroom Soup (R)
Spicy Chicken & Veggies (R) x2
Chocolate Pudding (T)
Apple (FF)
Peanuts (NF)
Candy Coated Chocolates (NF)
Lemonade (B) x2

DINNER

Shrimp Cocktail (R)
Beef Stroganoff (R) x2
Cauliflower w/ Cheese (R)
Italian Vegetables (R)
Strawberries (R)
Brownie (NF)

Apple Cider (B)

Lemonade (B)

Flight Day 8

BREAKFAST

Dried Apricots (IM)

Pears (T)

Seasoned Scrambled Eggs (R)

Oatmeal w/ Raisins (R)

Orange Drink (B)

Grapefruit Drink (B)

LUNCH

Shrimp Cocktail (R)

Smoked Turkey (I)

Southwestern Corn (T)

Tortilla (FF) x2

Almonds (NF)

Butter Cookies (NF)

Candy Coated Chocolates (NF)

Orange-Grapefruit Drink (B)

Cocoa (B)

DINNER

Shrimp Cocktail (R)

Teriyaki Chicken (R) x2

Rice w/ Butter (T)

Vegetarian Vegetable Soup (T)

Applesauce (T)

Tapioca Pudding (T)

Lemonade (B) x2

Flight Day 9

BREAKFAST

Dried Peaches (IM)

Fruit Cocktail (T)

Sausage Pattie (R)

Granola w/ Blueberries (R)

Chocolate Breakfast Drink (B)

Orange Drink (B)

LUNCH

Shrimp Cocktail (R)

Dried Beef (IM)

Tortilla (FF) x2

Granola Bar (NF)
Pears (T)
Peanuts (NF)
Lemonade (B) x2

DINNER

Teriyaki Chicken (R)
Rice w/ Butter (T)
Spicy Chicken & Veggies (R)
Butter Cookies (NF)
Lemonade (B) x2

Flight Day 10

BREAKFAST

Dried Apricots (IM)
Scrambled Eggs (R)
Granola w/ Blueberries (R)
Breakfast Roll (FF)
Vanilla Breakfast Drink (B)
Orange-Grapefruit Drink (B)

LUNCH

Shrimp Cocktail (R)
Smoked Turkey (I)
Tortilla (FF) x2
Peaches (T)
Apple (FF) (Day 2 only)
Almonds (NF)
Lemonade (B) x2

DINNER

Shrimp Cocktail (R)
Beef Stroganoff (R) x2
Corn (R)
Pears (T)
Tapioca Pudding (T)
Lemonade (B) x2

Flight Day 11

BREAKFAST

Dried Apricots (IM)
Oatmeal w/ Raisins (R)
Bran Chex (R)
Granola Bar (NF)
Orange Drink (B)

Orange-Grapefruit Drink (B)