

Brent Jett

Abbreviations:

- (B) Beverage
- (FF) Fresh Food
- (I) Irradiated
- (IM) Intermediate Moisture
- (NF) Natural Form
- (R) Rehydratable
- (T) Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

DINNER

- Shrimp Cocktail (R)
- Chicken Strips in Salsa (T)
- Beef Ravioli (T)
- Corn (R)
- Tortilla (FF) x2
- Shortbread Cookies (NF)
- Lemonade w/ A/S (B)

Flight Day 2

BREAKFAST

- Cheese Grits (FF)
- Beef Stroganoff w/ Noodles (R)
- Rice & Chicken (R)
- Tortilla (FF) x2
- Pineapple (T)
- Granola Bar (NF)
- Kona w/ Cream (B)

LUNCH

- Chicken Strips in Salsa (T)
- Corn (R)
- Noodles & Chicken (R)
- Tortilla (FF) x2

Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 3

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 4

BREAKFAST

Cheese Grits (FF)

Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 5

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 6

BREAKFAST

Cheese Grits (FF)
Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 7

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 8**BREAKFAST**

Cheese Grits (FF)
Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2

Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 9

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Chicken Strips in Salsa (T)
Beef Ravioli (T)
Corn (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 10

BREAKFAST

Cheese Grits (FF)
Beef Stroganoff w/ Noodles (R)
Rice & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)

LUNCH

Chicken Strips in Salsa (T)
Corn (R)
Noodles & Chicken (R)

Tortilla (FF) x2
Pears (T)
Tea w/ Lemon (B)
Orange Drink w/ A/S (B)

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Grilled Chicken (T)
Spicy Chicken & Veggies (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Shortbread Cookies (NF)
Lemonade w/ A/S (B)

Flight Day 11

BREAKFAST

Mexican Scrambled Eggs (R)
Noodles & Chicken (R)
Tortilla (FF) x2
Pineapple (T)
Granola Bar (NF)
Kona w/ Cream (B)