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Abbreviations:

(B)	Beverage
(FF)	Fresh Food
(I)	Irradiated
(IM)	Intermediate Moisture
(NF)	Natural Form
(R)	Rehydratable
(T)	Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

Creamy Peanut Butter (FF)
Crackers (NF)
Tortilla (FF) x2
Granny Smith Apple (FF)
Trail Mix (IM) x2
Tropical Punch (B) x2

DINNER

Shrimp Cocktail (R)
Teriyaki Chicken (R)
Potatoes au Gratin (R)
Tortilla (FF) x2
Macadamia Nuts (NF)
Chocolate Pudding (T)
Grape Drink (B) x2

Flight Day 2

BREAKFAST

Mexican Scrambled Eggs (R)
Tortilla (FF) x2
Dried Peaches (IM)
Strawberry Instant Breakfast (B)
Orange Juice (B) x2

LUNCH

Frankfurters (T)
Tortilla (FF) x2
Orange (FF)
Cashews (NF) x2
Orange Drink (B) x2

DINNER

Fettuccine (R)
Vegetable Risotto (R)
Tortilla (FF) x2
Candy Coated Peanuts (NF)
Tropical Punch (B) x2

Flight Day 3

BREAKFAST

Rice Krispies (R) x2
Tortillas (FF) x2
Dried Apricots (IM)
Vanilla Breakfast Drink (B)
Orange Juice (B) x2

LUNCH

Lasagna (FF)
Crackers (NF)
Tortilla (FF) x2
Granny Smith Apple (FF)
Almonds (NF) x2
Grape Drink (B) x2

DINNER

Shrimp Cocktail (R)
Broccoli au Gratin (R)
Tortilla (FF) x2
Peach Ambrosia (R)
Strawberries (R)
Macadamia Nuts (NF)
Lemonade (B) x2

Flight Day 4

BREAKFAST

Scrambled Eggs (R)
Tortilla (FF) x2
Dried Pears (IM)
Chocolate Breakfast Drink (B)
Orange Juice (B) x2

LUNCH

Cheese Tortellini (T)
Cheddar Cheese Spread (T)
Crackers (NF)
Tortilla (FF) x2
Granny Smith Apple (FF)
Trail Mix (IM) x2
Tropical Punch (B) x2

DINNER

Chicken Strips in Salsa (T)
Potatoes au Gratin (R)
Tortilla (FF) x2
Candy Coated Peanuts (NF)
Macadamia Nuts (NF)
Grape Drink (B) x2

Flight Day 5**BREAKFAST**

Rice Krispies (R) x2
Tortilla (FF) x2
Dried Peaches (IM)
Strawberry Instant Breakfast (B)
Orange Juice (B) x2

LUNCH

Lasagna (FF)
Crackers (NF)
Tortilla (FF) x2
Strawberries (R)
Cashews (NF) x2
Orange Drink (B) x2

DINNER

Cheese Tortellini (T)
Vegetable Risotto (R)
Tortilla (FF) x2
Chocolate Pudding (T)
Macadamia Nuts (NF)
Tropical Punch (B) x2

Flight Day 6**BREAKFAST**

Seasoned Scrambled Eggs (R)

Tortilla (FF) x2
Dried Apricots (IM)
Vanilla Breakfast Drink (B)
Orange Juice (B) x2

LUNCH

Beef Stroganoff (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Strawberries (R)
Almonds (NF) x2
Lemonade (B) x2

DINNER

Shrimp Cocktail (R)
Pasta Vegetable Parmesan (R)
Tortilla (FF) x2
Candy Coated Peanuts (NF)
Orange Drink (B) x2

Flight Day 7

BREAKFAST

Cornflakes (R) x2
Tortilla (FF) x2
Dried Pears (IM)
Chocolate Breakfast Drink (B)
Orange Juice (B) x2

LUNCH

Creamy Peanut Butter (FF)
Crackers (NF)
Tortilla (FF) x2
Granny Smith Apple (FF)
Trail Mix (IM) x2
Tropical Punch (B) x2

DINNER

Shrimp Cocktail (R)
Teriyaki Chicken (R)
Potatoes au Gratin (R)
Tortilla (FF) x2
Macadamia Nuts (NF)
Chocolate Pudding (T)
Grape Drink (B) x2

Flight Day 8

BREAKFAST

Mexican Scrambled Eggs (R)
Tortilla (FF) x2
Dried Peaches (IM)
Strawberry Instant Breakfast (B)
Orange Juice (B) x2

LUNCH

Frankfurters (T)
Tortilla (FF) x2
Orange (FF)
Cashews (NF) x2
Orange Drink (B) x2

DINNER

Fettuccine (R)
Vegetable Risotto (R)
Tortilla (FF) x2
Candy Coated Peanuts (NF)
Tropical Punch (B) x2

Flight Day 9**BREAKFAST**

Rice Krispies (R) x2
Tortillas (FF) x2
Dried Apricots (IM)
Vanilla Breakfast Drink (B)
Orange Juice (B) x2

LUNCH

Lasagna (FF)
Crackers (NF)
Tortilla (FF) x2
Granny Smith Apple (FF)
Almonds (NF) x2
Grape Drink (B) x2

DINNER

Shrimp Cocktail (R)
Broccoli au Gratin (R)
Tortilla (FF) x2
Peach Ambrosia (R)
Strawberries (R)
Macadamia Nuts (NF)
Lemonade (B) x2

Flight Day 10

BREAKFAST

Scrambled Eggs (R)
Tortilla (FF) x2
Dried Pears (IM)
Chocolate Breakfast Drink (B)
Orange Juice (B) x2

LUNCH

Cheese Tortellini (T)
Cheddar Cheese Spread (T)
Crackers (NF)
Tortilla (FF) x2
Granny Smith Apple (FF)
Trail Mix (IM) x2
Tropical Punch (B) x2

DINNER

Chicken Strips in Salsa (T)
Potatoes au Gratin (R)
Tortilla (FF) x2
Candy Coated Peanuts (NF)
Macadamia Nuts (NF)
Grape Drink (B) x2

Flight Day 11

BREAKFAST

Rice Krispies (R) x2
Tortilla (FF) x2
Dried Peaches (IM)
Strawberry Instant Breakfast (B)
Orange Juice (B) x2

LUNCH

Lasagna (FF)
Crackers (NF)
Tortilla (FF) x2
Strawberries (R)
Cashews (NF) x2
Orange Drink (B) x2

DINNER

Cheese Tortellini (T)
Vegetable Risotto (R)

Tortilla (FF) x2
Chocolate Pudding (T)
Macadamia Nuts (NF)
Tropical Punch (B) x2

Flight Day 12

BREAKFAST

Seasoned Scrambled Eggs (R)
Tortilla (FF) x2
Dried Apricots (IM)
Vanilla Breakfast Drink (B)
Orange Juice (B) x2

LUNCH

Beef Stroganoff (R)
Macaroni & Cheese (R)
Tortilla (FF) x2
Strawberries (R)
Almonds (NF) x2
Lemonade (B) x2

DINNER

Shrimp Cocktail (R)
Pasta Vegetable Parmesan (R)
Tortilla (FF) x2
Candy Coated Peanuts (NF)
Orange Drink (B) x2

Flight Day 13

BREAKFAST

Cornflakes (R) x2
Tortilla (FF) x2
Dried Pears (IM)
Chocolate Breakfast Drink (B)
Orange Juice (B) x2