

James Voss

Abbreviations:

(B)	Beverage
(FF)	Fresh Food
(I)	Irradiated
(IM)	Intermediate Moisture
(NF)	Natural Form
(R)	Rehydratable
(T)	Thermostabilized

Flight Day 1

BREAKFAST

LUNCH

Shrimp Cocktail (R)
Tortilla (FF) X2
Peaches (T)
Trail Mix (IM)
Almonds (NF) X2
Orange-Mango Drink (B) X2

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Beef Steak (I)
Chocolate Pudding (T)
Macadamia Nuts (NF) X2
Orange-Mango Drink (B) X2

Flight Day 2

BREAKFAST

Dried Peaches (IM)
Chocolate Pudding (T)
Granola Bar (NF)
Trail Mix (IM)
Breakfast Roll (FF)
Macadamia Nuts (NF) X2
Orange-Grapefruit Drink (B) X2

LUNCH

Shrimp Cocktail (R)
Tortilla (FF) X2
Dried Apricots (IM)
Macadamia Nuts (NF)
Orange-Grapefruit Drink (B) X2

DINNER

Shrimp Cocktail (R)
Beef Steak (I)
Tomatoes & Eggplant (T)
Tapioca Pudding (T)
Orange-Mango Drink (B) X2

Flight Day 3**BREAKFAST**

Sausage Pattie (R)
Oatmeal w/Raisins (R)
Tapioca Pudding (T)
Orange-Mango Drink (B) X2

LUNCH

Shrimp Cocktail (R)
Tortilla (FF) X2
Cashews (NF) X2
Apple Cider (B) X2

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Chicken Strips in Salsa (T)
Rice Pilaf (R)
Banana Pudding (T)
Macadamia Nuts (NF) X2
Orange-Grapefruit Drink (B) X2

Flight Day 4**BREAKFAST**

Dried Apricots (IM)
Breakfast Roll (FF)
Strawberry Drink (B)
Orange-Mango Drink (B) X2
Kona Coffee w/Cream & Sugar (B)

LUNCH

Shrimp Cocktail (R)
Fruit Cocktail (T)
Brownie (NF)
Trail Mix (IM)
Macadamia Nuts (NF) X2
Orange-Grapefruit Drink (B) X2

DINNER

Shrimp Cocktail (R)
Beef Steak (I)
Tomatoes & Eggplant (T)
Strawberries (R)
Tapioca Pudding (T)
Cashews (NF)
Orange-Mango Drink (B) X2

Flight Day 5**BREAKFAST**

Dried Peaches (IM)
Peaches (T)
Sausage Pattie (R)
Orange-Pineapple Drink (B) X2

LUNCH

Shrimp Cocktail (R)
Strawberries (R)
Almonds (NF)
Macadamia Nuts (NF) X2
Orange-Mango Drink (B) X2

DINNER

Shrimp Cocktail (R)
Teriyaki Chicken (R)
Crackers (NF)
Tapioca Pudding (T)
Macadamia Nuts (NF) X2
Orange-Grapefruit Drink (B) X2

Flight Day 6**BREAKFAST**

Dried Apricots (IM)
Breakfast Roll (FF)
Macadamia Nuts (NF) X2
Orange-Grapefruit Drink (B) X2

LUNCH

Shrimp Cocktail (R)
Chocolate Pudding (T)
Almonds (NF) X2
Apple Cider (B) X2

DINNER

Mushroom Soup (R)
Beef Steak (I)
Pears (T)
Macadamia Nuts (NF) X2
Candy Coated Peanuts (NF)
Lemon-Lime Drink (B) X2

Flight Day 7**BREAKFAST**

Dried Pears (IM)
Strawberries (R)
Sausage Pattie (R)
Oatmeal w/Raisins (R)
Orange-Pineapple Drink (B) X2
Kona Coffee w/Cream & Sugar (B)

LUNCH

Shrimp Cocktail (R)
Dried Apricots (IM)
Pears (T)
Macadamia Nuts (NF)
Orange-Grapefruit Drink (B) X2

DINNER

Shrimp Cocktail (R) X2
Beef Ravioli (T)
Tomatoes & Eggplant (T)
Tapioca Pudding (T)
Orange-Mango Drink (B) X2

Flight Day 8**BREAKFAST**

Sausage Pattie (R)
Oatmeal w/Raisins (R)
Tapioca Pudding (T)
Orange-Mango Drink (B) X2

LUNCH

Shrimp Cocktail (R)
Tortilla (FF) X2
Cashews (NF) X2
Apple Cider (B) X2

DINNER

Shrimp Cocktail (R)
Mushroom Soup (R)
Beef w/BBQ Sauce (T)
Rice Pilaf (R)
Banana Pudding (T)
Macadamia Nuts (NF) X2
Orange-Grapefruit Drink (B) X2

Flight Day 9**BREAKFAST**

Dried Apricots (IM)
Breakfast Roll (FF)
Strawberry Drink (B)
Orange-Mango Drink (B) X2
Kona Coffee w/Cream & Sugar (B)

LUNCH

Shrimp Cocktail (R)
Fruit Cocktail (T)
Brownie (NF)
Trail Mix (IM)
Macadamia Nuts (NF) X2
Orange-Grapefruit Drink (B) X2

DINNER

Shrimp Cocktail (R)
Beef Steak (I)
Tomatoes & Eggplant (T)
Strawberries (R)
Tapioca Pudding (T)
Cashews (NF)
Orange-Mango Drink (B) X2

Flight Day 10**BREAKFAST**

Dried Apricots (IM)
Breakfast Roll (FF)
Macadamia Nuts (NF) X2

Orange-Grapefruit Drink (B) X2

LUNCH

Shrimp Cocktail (R)

Chocolate Pudding (T)

Almonds (NF) X2

Apple Cider (B) X2

DINNER

Mushroom Soup (R)

Chicken Strips in Salsa (T)

Pears (T)

Macadamia Nuts (NF) X2

Candy Coated Peanuts (NF)

Lemon-Lime Drink (B) X2

Flight Day 11

BREAKFAST

Dried Pears (IM)

Strawberries (R)

Sausage Pattie (R)

Oatmeal w/Raisins (R)

Orange-Pineapple Drink (B) X2

Kona Coffee w/Cream & Sugar (B)

LUNCH

Shrimp Cocktail (R)

Dried Apricots (IM)

Pears (T)

Macadamia Nuts (NF)

Orange-Grapefruit Drink (B) X2

DINNER

Shrimp Cocktail (R) X2

Beef Steak (I)

Tomatoes & Eggplant (T)

Tapioca Pudding (T)

Orange-Mango Drink (B) X2

Flight Day 12

BREAKFAST

Dried Peaches (IM)

Peaches (T)

Sausage Pattie (R)

Orange-Pineapple Drink (B) X2